## Schedule of Events as of February 13, 2020

### WEDNESDAY | June 3, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00 am – 4:00 pm</td>
<td>Registration Desk Open</td>
</tr>
<tr>
<td>8:00 am – 1:00 pm</td>
<td><strong>Directors Training Pre-Session - TBA</strong></td>
</tr>
<tr>
<td>1:00 pm – 5:00 pm</td>
<td>Exhibit Hall Set Up Exhibitors</td>
</tr>
<tr>
<td>1:00 pm – 2:15 pm</td>
<td><strong>Opening Institute/Washington Update</strong></td>
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<tr>
<td></td>
<td><em>Bob Blancato, Edwin Walker &amp; Meredith Whitmire</em></td>
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<tr>
<td>2:15 pm – 2:30 pm</td>
<td>Break</td>
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<tr>
<td>2:30 pm – 3:30 pm</td>
<td><strong>General Session 2: Election 2020 Panel of Pundits</strong></td>
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<tr>
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<td><em>Moderated by Paul Downey</em></td>
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<tr>
<td>3:30 pm – 4:00 pm</td>
<td>Break</td>
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<tr>
<td>4:00 – 5:30 pm</td>
<td><strong>Facilitated Roundtable Discussions</strong></td>
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<tr>
<td>5:30 pm – 7:00 pm</td>
<td><strong>Opening Welcome Reception</strong></td>
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<tr>
<td></td>
<td><em>Sponsored by Abbott Nutrition</em></td>
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<tr>
<td>Time</td>
<td>Event</td>
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<tr>
<td>6:30 am – 7:30 am</td>
<td>Wellness Activity</td>
</tr>
<tr>
<td>7:00 am – 5:30 pm</td>
<td>Registration Desk Open</td>
</tr>
<tr>
<td>8:00 am – 9:00 am</td>
<td>Continental Breakfast/Visit with Exhibitors</td>
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</tbody>
</table>
| 9:15 am - 10:15 am | General Session 3: Partnerships with Healthcare Organizations – Sharon Williams  
Sponsored by Centene |
| 10:15 am – 11:00 am | Morning Break in Exhibit Hall                                      |
| 11:00 am – 12:00 pm | Breakout Sessions                                                  |
| 12:00 pm – 1:00 pm | Luncheon in Exhibit Hall                                            |
| 1:15 – 2:15 pm   | Breakout Sessions                                                  |
| 2:15 pm – 2:30 pm | Afternoon Break                                                     |
| 2:30 pm -3:30 pm | Breakout Sessions                                                  |
| 3:30 pm – 3:45 pm | Afternoon Break                                                     |

**Breakout Sessions**

- **BO1**: Boosting Contributions at Meal Sites: Insights from a Pilot Program - Keri Lipperini, ACL & Elana Safran, Behavioral Scientist Office of Evaluation Sciences (OES)/U.S. GSA Washington DC
- **BO2**: Diabetes Diagnosis - Now What? A Look Inside a Diabetes Essentials Workshop - Janelle Couture, RDN, Aging & In-Home Services of Northeast Indiana
- **BO3**: Partnerships and Opportunities to Address Social Need Among Aging Medicare and Medicaid Managed Care Enrollees – UH National Experts & AAA/CBO Leaders TBA
- **BO4**: Breaking Bread to Combat Social Isolation & Laura Riley, Baltimore County Dept of Aging and Vanessa Merlano, Santa Clara County
- **BO5**: Building the Business Acumen of Nutrition and Aging Services - Karol Tapias and Maya Opdebeke, n4a & Meredith Ponder Whitmire, NANASP
- **BO6**: Use Food Education to Positively Impact your Seniors - Tammy Kingery, RD, LD, Chef Mario Reyes and Devon Hilton, Trio Community Meals
- **BO7**: Does 1 + 1 = 3? How to Evaluate Strategic Partnerships – Tara A. Ellis & Rachel Leidenfrost, Chief Strategic Initiatives Officer, FeedMore WNY
- **BO8**: TheCongregate Meal Program: Innovation in 2020 and Beyond - Alexandra Bauman, RD LDN, Iowa Depart of Aging
- **BO9**: Socialization2.0: What’s Next in Congregate Nutrition Program Research – Robert Blancato, NANASP and Meaghan B. McMahon, MSW, Consultant
### THURSDAY | June 4, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Breakout Sessions</th>
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| 3:45 pm – 5:00 pm   | **BO10: Innovations to Address the Behavioral Health Needs of Older Adults through the Nutrition Gateway**
|                     | *Keri Lipperini, ACL/AOA, Dr. Laura Shannonhouse, Danielle Moore, VP of Nutrition and Health Programs, Meals on Wheels Tarrant County* |
|                     | **BO11: The Diner: Game Changing Project**
|                     | *Suzanne Washington & Renata Wilson, Chief Operations Officer, Meals on Wheels People* |
|                     | **BO12: Creating a Monthly, Recurring Gifts Program**
|                     | *Liz Lucas, Strategic Gifts Officer, FeedMore WNY, Lisa Woodring, Chief Development Officer for Meals on Wheels Foundation of Western New York* |
| **Evening - TBD**   | Optional Event/Dine-Arounds                                                      |

### FRIDAY | June 5, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>6:30 am – 7:30 am</td>
<td><strong>Wellness Activity</strong></td>
</tr>
<tr>
<td>8:00 am – 3:30 pm</td>
<td><strong>Registration Desk Open</strong></td>
</tr>
<tr>
<td>8:00 am – 8:30 am</td>
<td><strong>Continental Breakfast</strong></td>
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| 8:30 am – 9:30 am   | **General Session 4: Brain + Body Healthy Aging**
|                     | *Sponsored by WellMed*                                               |
|                     | **A Community-Based, Scalable, Total Lifestyle Program to Reduce Alzheimer’s Dementia Risk**
|                     | *Paul Bendheim MD, Clinical Professor of Neurology, University of Arizona College of Medicine BrainSavers LLC, Carol Zernial MS, Executive Director - WellMed Charitable Foundation, Chelsea Stillman PhD, Department of Psychology, Brain Aging and Cognitive Health Lab, University of Pittsburgh* |
| 9:30 am – 9:45 am   | **Coffee Break**                                                      |
| 9:45 am – 10:45 am  | **Breakout Sessions**                                                |
|                     | **BO13: What’s New in Nutrition Innovations?**
|                     | *Keri Lipperini, ACL/AOA, Michael Aguirre, LMSW-AP, CTCM, SHIP Director, Texas HHSC and the Office of Area Agencies on Aging, Ryan Gadzo, Research Analyst, Erie County Senior Services (NY), and Tom Kenny, Eastern Area Agency on Aging* |
|                     | **BO14: Applying the Updated Blueprint to Defeat Older Adult Malnutrition –**
|                     | *Meredith Ponder Whitmire, NANASP & Heather Wayco, Lee Health*        |
| 10:45 am – 11:00 am | **Coffee Break**                                                      |
| 11:00 am – 11:45 am | **NANASP Annual Meeting/Closing Remarks/Raffle Drawing**              |

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National Association of Nutrition and Aging Service Programs 2020 Annual Nutrition & Aging Services Conference

“Changing the Tune of Aging Services” June 3-5, 2020 | Austin, TX | For more information visit www.nanasp.org