



nanasp
National Voice. Local Action.

PAPER PLATE CAMPAIGN: SEND PAPER PLATES TO CONGRESS!

NANASP is teaming up with Meals on Wheels America to send a message to Members of Congress to #SaveLunch and fund congregate and home-delivered meals programs at the levels necessary to keep them going! We're bringing back the paper plate campaign to make our voices heard!

In just a few simple steps, we can join our voices and keep our programs strong:

Step 1

Purchase paper plates and markers. You don't have to get fancy here—and school supplies are on sale right now!

Step 2

Have participants from your community (seniors, family members, program staff, volunteers, community members, etc.) write messages on the plates! Work with seniors at congregate sites and during home deliveries to write their messages.

To make sure our efforts are coordinated, write #SaveLunch somewhere on the plate. That way, it's obvious that these plates are coming from the same place.

Messages could include stories about receiving meals, delivering or serving meals, socializing with friends in senior centers, and/or why these meals are important.

If you have more than one message, you can use more than one plate! Optionally, you can sign with your name and hometown.

Step 3

Take photos and share them! You can put them on Facebook, Twitter, and Instagram, send them to us via email (so we can share them!), tag your Members of Congress and tag us—be creative! Go to [our advocacy page](#) to find your Members' social media accounts.

Step 4

Deliver the plates to your Members of Congress **the week of August 14, 2017!** That's our coordinated week of action! Bring them to their district offices (find their addresses [here](#) or on their websites) or send them to their district offices (sending them to DC takes longer) with an accompanying note.

Step 5

Let us know how many plates you sent and to whom! Email mponder@nanasp.org with pictures, numbers, and plates' destinations.

THANKS FOR YOUR PARTICIPATION!